# All Party Parliamentary Group on Arts, Health and Wellbeing



# The Arts and Healthcare Environments Round Table Monday June 13th House of Lords Committee Room 1 4-5.30pm

Followed by a reception in the Governor's Hall at St Thomas' Hospital from 6-8pm Creativity and Wellbeing Week www.creativityandwellbeing.org.uk

The Arts and Healthcare Environments round table is hosted by the All Party Parliamentary Group on Arts, Health and Wellbeing. It is one in a series of round tables in which practitioners, academics, policy makers, those with lived experience and managers of services are invited to share their knowledge and experience with parliamentarians. The aim is to inform policy recommendations for the APPG's Inquiry into Arts, Health and Wellbeing.

The round table will be chaired by Lord Crisp.

The integration of the arts into hospital environments is, arguably, the great success story of the arts and health movement in this country. Major initiatives, such as the King's Fund Healing Environments programme and the work by CABE (the Commission for the Built Environment) and NHS Estates, in the 1990s and 2000s have had a significant and lasting impact. This round table will consider the critical success factors in this area of arts and health practice, how these might influence our thinking about policy for the wider arts and health sector, as well as consider what next for arts in healthcare environments. We will broaden the discussion to incorporate issues such as staff experience and retention, design of products and services, and the integration of gardens and horticulture into healthcare environments.

## Participants:

Gilly Angell, Expert Patient, UCLH Cancer Centre

Sir Quentin Blake, Artist

**Paul Brooks**, Associate Director of Patient Experience and Facilities Management, Derby Teaching Hospitals and **Laura Waters**, Arts Programme Manager, Derby Teaching Hospitals

Clare Devine, Executive Director Architecture, Built Environment and Design, Design Council Cabe Guy Eades, Director of Healing Arts, St Mary's Hospital, Isle of Wight

Susan Francis, Programme Director for Architects for Health

Professor Fiona Sampson, poet

Dr Sue Stuart-Smith, Psychiatrist and Psychotherapist

Sally Thompson, Director Grampian Hospitals Arts Trust

Chris Tipping, Artist

Paul Williams, Stanton Williams Architects

Jane Willis, Director of Willis Newson

After the round table you would be very welcome to join us in celebrating the launch of Creativity and Wellbeing Week 2016 hosted by Guy's and St Thomas' Charity at St Thomas' Hospital. This national showcase of work in hospitals from across the country will offer an insight into some of the ways the arts can enhance the 21st Century hospital.

6-8pm Governor's Hall St Thomas' Hospital, Westminster Bridge Road, London, SE1 7EH

### Round table participant biographies:

Gilly Angell, was diagnosed with AML in 2007 and had a bone marrow transplant in 2008 spending 11 months as an inpatient over an 18-month period. This has given her a unique insight into the role of art in the hospital environment. Within her professional and voluntary roles she has worked with organizations at local, national and international levels in education/politics/business/community/and media and has been part of teams that have initiated, developed and drafted policy. She is a member of the London Cancer Haematology Board and UCLH Arts and Heritage Committee and a member of a UCLH multidisciplinary team developing a research project for Yoga and Lung Cancer.

**Sir Quentin Blake** has always made his living as an illustrator, as well as teaching for over 20 years at the Royal College of Art. He is known for his collaboration with many writers including, most famously, Roald Dahl. In the last few years he has begun to make larger-scale work for hospitals and healthcare settings in the UK and France. Most recently he completed a scheme for the whole of a new maternity hospital in Angers. In 1999 he was appointed the first ever Children's Laureate and was created CBE in 2005. He received a knighthood for 'services to illustration' in the New Year's Honours for 2013.

**Paul Brooks MSc, MCIOB,** Associate Director of Patient Experience and Facilities Management, Derby Teaching Hospitals, has worked in the NHS since 1983, joining straight from school as an apprentice plumber. Apart from technical qualifications Paul holds a diploma in Fine Arts from the Regents Academy of London and an Interior Design Diploma from Derby University. Paul is the lead for Patient Experience across the Trust, and the inventor of the 'Derby door'; a device used across the Trust and other hospitals to help in the decontamination of patient areas and isolation of infected patients. In 2014, Paul was awarded the Patient Champion Award by the NHS leadership community.

Clare Devine is Executive Director Architecture, Built Environment and Design for Design Council Cabe. Clare oversees the delivery of Cabe programmes at a national and international level. Clare works with Government, Local Government, industry and communities to ensure well designed resilient places are developed which provide long term social, economic and environmental benefit. Clare leads the Cabe team delivering support across England working with places and cities to bring forward integrated well designed development at a local, city and city region scale. Clare trained as an architect and has been Chair of Women in Architecture and Vice Chair of Architects for Change the RIBA Equality and Diversity Forum.

Guy Eades has managed Healing Arts, the arts and health resource for the Isle of Wight NHS Trust, since 1986. In the early days the programme was involved with designing the arts into the layout and life of the Island's new District Hospital at St. Mary's. He has gone onto develop also a wide range of programmes involving most artforms for persons to participate in whilst recovering from illness, maintaining their health whilst living with a long term condition, and to prevent illness developing. These are backed up with research protocols and outcome data. www.iow.nhs.uk/healingarts

**Susan Francis** B.A., A.A. Dip., MARCA is Programme Director for Architects for Health, a membership organization for health and design professionals in the UK. At CABE Susan was the Special Advisor for Health and worked closely with the Department of Health on Built Environment policy development. Responsibilities included leading the NHS Design Review Programme, directing research and policy development on community hospitals and sustainable design, devising and developing the Future Health Initiative. At the NHS Confederation Susan was architectural lead to the Future Healthcare Network. Qualified as an architect, Susan has worked in practice and as an academic in this specialised field for over 20 years.

**Professor Fiona Sampson** has published twenty-seven books and received the Newdigate Prize, a Cholmondeley Award, awards from the Arts Council and the Society of Authors and prizes in Macedonia and the US. She has twice been shortlisted for the T.S. Eliot Prize and Forward Prizes. She is published in thirty-seven languages and is Director of the Roehampton Poetry Centre. She spent many years pioneering and researching writing in health care and has published several studies in the field. This

spring she published *The Catch* and this autumn *Lyric Cousins: Musical Form in Poetry* appears. She is at work on a new psychological biography of Mary Shelley.

**Dr Sue Stuart-Smith** is a Psychiatrist and Psychotherapist. For thirteen years she worked as a Consultant in Hertfordshire where she was Lead Clinician for Adult Psychotherapy until she retired last year. She is also a Senior Clinical lecturer at the Tavistock and Portman NHS Trust. She is a researcher as well as a clinician and has a PhD in Research Psychology. Her book the Well Gardened Mind will be published by Harper Collins next year. The book explores the impact of gardens and gardening on mental health. Research for this has taken her on visits to projects in mental health settings and hospitals around the globe.

Sally Thompson began her career as an artist in Hull where she studied Fine Art, graduating in 1989. Sally then moved into arts administration which has included working with Aberdeenshire Council both within Arts Development and Public Art. Since 2006 Sally has lead arts projects within NHS Grampian such as the Royal Aberdeen Children's hospital. In 2011 Sally was appointed Director of Grampian Hospitals Art Trust which programmes the first bespoke art gallery in a hospital in the UK; delivers a programme of artist-led patient sessions; maintains 4300 artworks in over 100 NHS Grampian facilities; and provides an arts project management service for the capital developments within NHS Grampian.

Chris Tipping MA RCA has been associated with Arts in Healthcare since establishing his practice in 1986. He has had long associations with several NHS Trusts including Musgrove Park Hospital, Taunton and Churchill Hospital, Oxford. Chris has delivered arts strategies and site specific, contextually resonant artwork for new build and regeneration projects often in sensitive settings such as mental health and cancer, engaging directly with hospital staff and service users as well as integrated design teams in collaborative practice. He is an advocate for embedded artists being a part of projects from the outset.

Laura Waters MSc, LRSM, FISM, AMRSPH has worked in arts in health as a performer, practitioner and arts manager for over 10 years. At Derby Hospitals, Laura has expanded the arts programme to include arts participation, training and consultation. With a background in Clinical Psychology and an MSc in Environmental Psychology, Laura has a keen interest in the impact of building design and aesthetics on health and wellbeing. Laura received training from 'Musique et Santé' and is member of the International Health Humanities Network and the RSPH Arts in Health special interest group. As a musician, Laura leads Derventio Quartet and performs regularly with orchestras and theatres.

**Paul Williams**, OBE, HonD, BA (Hons) H.DiplAD, RIBA, FRSA, RDI, formed the partnership Stanton Williams with Alan Stanton in 1985. As founding directors they have been responsible for the creative direction of the practice since its inception and continue to have a leading design role in the studio's projects. Paul has been an architectural advisor to HLF and CABE, and is currently an advisor to the Royal Borough of Kensington and Chelsea and St Paul's Cathedral. He was awarded the title of Royal Designer (RDI) in 2005 for sustained excellence in design throughout his career and an OBE for services to Architecture in 2014.

**Jane Willis** is the driving force behind Willis Newson, which she founded in 2002. Willis Newson is one of the UK's leading arts and health consultancies. They have carried out projects in acute, community and mental health settings and have worked on a number of large capital projects including PFI, P21 and Treasury-funded schemes and have collaborated with architects, developers, contractors and local stakeholders. Jane is a well-respected member of the UK's arts and health community and has been a key player in the development of the field since 1994, when she set up Vital Arts, the arts programme of Barts and the London NHS Trust.

# Audience:

An invited audience will include representatives from King's College London, with whom we are collaborating on the APPG Arts, Health and Wellbeing Inquiry, and our other partner organisations: Nicola Crane, Head of Arts Strategy, Guy's and St Thomas's Charity and, on behalf the Royal Society for Public Health Special Interest Group in Arts, Health and Wellbeing, Professor Paul Camic, Canterbury Christ Church University.