

# Brighton Creativity & Wellbeing Week 2022

## 4th Year of Celebrating Local Arts in Health Champions!

### Requirements for Inclusion in the programme of events

Please read carefully



The Brighton programme of events is in support of the main Creativity & Wellbeing initiative which is now in its 11th year. See [www.creativityandwellbeing.org.uk](http://www.creativityandwellbeing.org.uk) & London Arts in Health.

Their system is free to access, online, as it is funded. There is no specific Brighton focus, and your event would be one of 1000's listed nationally if you choose to list independently. You are welcome to do that.

The Brighton programme is organised by Vikki Parker, local Intuitive Artist & South-east Champion for the Lived Experience Network (LENs) This role is funded by the Culture Health & wellbeing Alliance (CHWA).

As an Arts Organisation / Social Prescribing hub you are invited to share the work you do and advertise any events you have / want to have, during this week

## May 16<sup>th</sup> – 22<sup>nd</sup> 2022

Inclusion in the programme involves:-

- ❖ 1 event listed on the downloadable PDF programme
- ❖ Inclusion of your event in the main Facebook Event
- ❖ This main event will be listed on the London Arts in Health website
- ❖ Your listing, within the main Brighton programme will also be listed on the Culture Health & Wellbeing website as part of a South-east focus on Arts in Health
- ❖ Marketing of your event (the fb event for the whole week focus will be extensively marketed by me, CHWA and LAH. You are also empowered to share and promote your individual event
- ❖ An opportunity to be interviewed by myself as part of a new podcast about Lived Experience with Arts in Health & Wellbeing, called 'ART YOURSELF ALIVE'

The Brighton programme is fully endorsed by London Arts in Health (LAH) and CHWA and will be marketed using the official logos and hashtags.

## **Event holders are responsible for –**

- ❖ Sending all Requested Information via the google form (see below) & Images by April 8<sup>th</sup> 2022
- ❖ Venue booking
- ❖ Tickets
- ❖ Delivery of the event
- ❖ Profits are yours.

## **Its aims are to:**

- Collate & curate accessible Arts in Health events in the local Brighton & Hove Community
- Raise awareness of the value of the arts as a personal self-help process to improve wellbeing and lived experience.
- To raise your profile as a workshop facilitator / event host and increase your audience in the local community
- To create a collective wellbeing focus in Brighton & Hove for people to consider different arts workshops to try. We can work better together.

## **What kind of Event could YOU offer?**

- Conference
- Talk / lecture
- Discussion / debate / seminar
- Exhibition
- Workshop / participation
- Performance
- Training
- Walk / tour
- Community gathering

You can offer anything that aligns with the commitment to engaging / witnessing /participating in the Arts to support wellbeing for individuals and community. Talk to me if you're not sure or might want to collaborate. Events can be ONLINE or OFFLINE.

**To be considered for inclusion you will need to submit the following information by **APRIL 8<sup>th</sup> 2022****

**Please fill in the Google Form & submit**

<https://forms.gle/n99Rsfo8T8ZZEbEA8>

Any questions please email Vikki at [artywisdom@vikkiparker.com](mailto:artywisdom@vikkiparker.com)