

**The Practising Well Award Application Form**

*Please note that organisations can self-nominate, but the application must include input from a practitioner/s and be quoted as so.*

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| Name |
| Email |
| Contact Number *(optional)* |
| Who are you nominating for this award (50 words) *e.g. your own organisation, yourself, another organisation* |
| Describe the ways in which wellbeing was supported (150 words)  *This can be through a formal wellbeing support offer, or more informally through a general approach to the work* |
| *If you’re a freelancer or staff member:* How did you hear about the opportunity for wellbeing support?  *If you’re part of an organisation that offers support:* how did you engage staff or freelancers in this work? (50 words) |
| Was the wellbeing support free to you/the recipient, and was your/their time to access the support paid for? |
| *If you are a freelance practitioner or a member of staff:* Did you have any input into the type of support on offer?  *If you’re representing an organisation:* How did you co-design the support, or ensure it met a need? (100 words) |
| *Practitioner Quote:* If you are shortlisted, we’d like to be able to share a quote on our website about your nomination. Please include a quote below that we can share *(optional)* |
| How do you think that the support offer you’ve described might have a wider impact in the sector? (150 words) |
| Please send us a maximum of 3 supporting links to any images, recordings, blogs/evaluations or films associated with the project you would like to use to support this application. |

We would like to let the organisations know that you have nominated them. If you would prefer we don’t let them know, please tick this box ☐

If the project is shortlisted, please tick this box if you are happy to be named when we promote the awards ☐

## About Nicola Naismith

[Nicola Naismith](https://www.nicolanaismith.co.uk/)is a Visual Artist with over 20 years experience of working with socially engaged practice. She was the Visual Artist Fellow on the Clore Leadership Programme in 2017/18. Nicola’s work includes residencies and commissioned projects and supporting other artists through mentoring, coaching, teaching and training. She completed an AHRC and Clore Leadership research project [Artists Practising Well](https://www.nicolanaismith.co.uk/research-writing/artists-practising-well) in Spring 2019 which explores affective support for creative practitioners working in health and wellbeing contexts. Nicola published her most recent research report [Practising Well: Conversations & Support Menu](https://www.nicolanaismith.co.uk/research-writing/practising-well-conversations-support-menu) in January 2022 and continues to advocate for better and more consistent support for practitioners working across all the participatory arts sector.

Learn more about past winners and shortlists [here](https://www.culturehealthandwellbeing.org.uk/chwa-awards-practising-well)